



2022-2023 AJ Prep Track

March 16	Southeast	Away	4:45
March 22	Northwest	Home (HPAC)	4:45
April 5	Penn Griffin	Away (HPAC)	4:45
April 19	Welborn	Home (HPAC)	4:45
April 27	Southern	Away	4:45
May 3	Ferndale	Home (HPAC)	4:45

HPAC - High Point Athletic Complex

Jackson will run meets at Smith High School

Southern will run meets at Southern Guilford High